

Edinburgh Theravada Buddhist Group

Mark Your Calendars!

Dec. 3 Practice Day

Dec. 7 Thursday evening
visit by Harnham monastic

Dec. 10 Inter-sangha
celebration, Salisbury
Centre, Edinburgh

Dec. 17 Holiday gathering

Jan. 21 Practice Day

Mar. 18 Practice Day

Apr 27-29 Edinburgh Buddhist
retreat, Wiston Lodge



www.TheravadanBuddhists.org.uk

Inter-Sangha Event

Please join us for a gathering of Edinburgh's Buddhist community on **December 10**. The gathering will be held at the Salisbury Centre, from 6:15 pm until about 9:30. The event will be held by donation. For more information, please contact Kimberley at kimberleycadden@yahoo.co.uk or visit www.MySangha.org.uk.

Holiday gathering Sunday, December 17

A holiday gathering for our group will be held on Sunday, 17 December, from about 4 pm until 7:30 pm. Hosted by Jody Higgs at 12 Saxe-Coburg Street in Stockbridge (Edinburgh), this will be a chance for members of our group to meet informally and enjoy each other's company as we enter the holiday season. Please bring a dish to share. For more information, call Jody on 0131 332 7987.

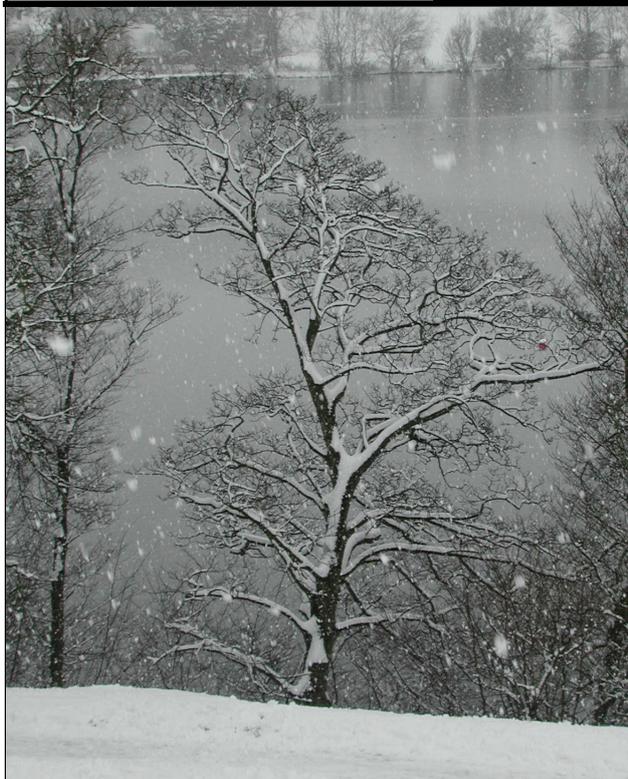
Practice Days

Practice Days will be offered on **3 Dec, 12 Jan** and **18 March** at the home of Peter Angelucci & Melanie Cook.

The practice days will run from 10 am until about 6 pm. There will be walking and sitting meditation, as well as a midday meal, so please bring a vegetarian dish to share. The day closes with tea and an opportunity to share your experiences of the day with others. Contact Melanie or Peter on 0131 664 0756 or e-mail angelink@blueyonder.co.uk for more information.

Wiston Lodge Retreat

The third annual all-Edinburgh Buddhist retreat will be held at Wiston Lodge, near Biggar, 27-29 April. This retreat is being organized by Gill Mathews (e-mail angel14_75@hotmail.com).



It is time for you to come

Into the presence of the Lord of Death.

There is no time for rest on this journey

Yet what provision have you made?

Gradually, gradually,

A moment at a time,

The wise remove their own impurities,

As a goldsmith removes the dross.

The Dhammapada, Pollution, 238-239, rendering by Ajahn Munindo

Photo by Claralynn

Dana Wish List

Monastics rely on *dana*, the generosity of the laymembers of the sangha, to meet their everyday needs. To donate items listed here, please contact Harnham.

FOOD ITEMS

Long life milk—fruit—
Soya milk—tahini

NON-FOOD ITEMS

Stamps (any value) — Firewood
Ecover multi surface cleaner—

Thank you! We now have enough of: Toothbrushes, salt, instant coffee, rice, towels, soap.

Updated 22 Nov 2006 from the Ratanagiri website's "Dana list." Visit Ratanagiri.org.uk for the most current list.

www.TheravadanBuddhists.org.uk

History of Buddhism in Edinburgh

This is the second of four installments of an article written by Rowdon Goodier.

3. The Edinburgh Buddhist Group

As noted above this small but influential group was founded in January 1966 by Mr W Fraser Anderson and Victor Jost with meetings held weekly, firstly at Mr Andersons home on Liberton Brae then, after Mr

Anderson left Scotland in 1968, in the Theosophical Society's rooms. At about this time Morton and Rose Bryce moved to Edinburgh and purchased a flat at 7 Bruntsfield Gardens where a shrine room was established which later became the focus of the Group's activities for the next fifteen years or so. Morton reported that meetings usually comprised about 6 to 8 people. No one school of Buddhism prevailed within the group but many excellent teachers from a range of traditions visited. These included the Ven Ajahn Suhmedo, The Ven Sangharakshita, Sogyal Rimpoche, Ven Kalu Rimpoche, Ken and Katia Holmes from Samye Ling and Seimyo Roshi from the London Rinzaï Zen Centre.

Rose and Morton Bryce considered themselves affiliated to the Tibetan Buddhist tradition but are remembered with affection, respect and gratitude by all who were helped by them to find their own Path within Buddhism.

4. The 1970's

The 1970's saw the beginning of a broadening of Buddhist Activities in Scotland generally, probably stimulated in part by the foundation of the Samye Ling Tibetan Temple near Langholm in

1968 and by the founding of Throssel Hole Zen Buddhist Priory just south of the border near Hexham. Teachers from Samye Ling became frequent visitors to the Edinburgh Buddhist Group. My first record of the visit of a Zen Buddhist teacher to Edinburgh (other than DT Suzuki) is that of Rev Daizui Strathearn, one of the founders of Throssel Hole Priory, who gave a talk on zen practice at the Salisbury Centre in September 1975.

Ajahn Chah, The highly respected and influential Theravadin teacher from Thailand, visited Edinburgh in May 1979 in company with Ajahn Sumedho and other monks. Later in the same year, Ajahn Sumedho revisited Scotland to lead a ten day retreat at Oban and also gave a talk at the Salisbury Centre in Edinburgh.

Our Thanks to Ajahn Candasiri

Over the past few months our Thursday evening group has benefited from the good fortune of Ajahn Candasiri's staying in the Edinburgh area. Her regular contributions to the weekly group have made this a very special time. Guided meditations, opportunities for open questions, study of the Dhammapada, and her many other contributions have enriched our group and individual practice.

We'd like to express our gratitude for this unique and valuable opportunity to benefit from the presence and teachings of one of the senior monastics in our tradition. It is our sincere hope that further opportunities will arise in the new year to study with the Ajahn.

Dhammapada Study Day?

Interested in a day devoted to the study of the Dhammapada? Ajahn Candasiri has indicated that it may be possible to arrange for a day of study with her, apart from our regular Practice Days.

If you'd like to host or attend a Dhammapada study day, please contact us at info@theravadanbuddhists.org.uk. Or check the website for updated info.

About our weekly meeting over the holidays...

We may not hold our usual Thursday evening session at Christchurch hall the week between Christmas and New Years. Please check the website for updated information, or call one of our group contact people (see box below).



Meeting Information & Contacts

Meetings are held every Thursday evening at 7:30 pm, Christchurch Hall, Holy Corner, Bruntsfield Place. There are no fees: donations by group members and visitors. Disabled access is available.

We aim to encourage deeper investigation of the practice of meditation within an atmosphere of group support. We actively support and are supported by the monastic community at Harnham Buddhist Monastery (Ratanagiri), Newcastle.

Scheduled visit from Harnham Monastery monastics December 7

Group contacts

General meeting info

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Newsletter

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www.TheravadanBuddhists.org.uk